

IN THE BAG THREE OF THE BEST FESTIVAL ESSENTIALS

FACE THE MUSIC

NATIO FACIAL WIPE

Why queue for skanky toilets at festivals when you can cleanse, tone and moisturise in the comfort of your tent? These indispensable cleansing wipes will ensure you don't go home with greasy skin as well as a stinking hangover. Available exclusively at Debenhams, £6.50



RECOVERY ZONE



GREEN PEOPLE VITA MIN MASK

Essential post-festival skin recovery that will make your face feel alive again! Made from 92% certified organic good stuff like mandarin, seaweed and avocado, apply it to the face and neck, leave for 20 minutes and rinse with warm water to nourish dry and tired skin. Available at independent chemists and health shops around the country and from greenpeople.co.uk, £10.99

HAIR TODAY, GONE TOMORROW



BATISTE TROPICAL DRY SHAMPOO

Having a pint of beer tipped over your head is pretty much a rite of passage at a music festival. Smelling like a vagrant, with matted hair isn't. Until you're reunited with your bathroom again this dry shampoo is an indispensable bit of beauty kit – the fresh, fruity scent leaves your hair feeling just-washed as well as adding texture. Available at Superdrug, £2.09

SMOULDERING EYE

PAINT IT BLACK

Calli Cunliffe tries her hand at a classic rock-chick look



The eyes have it: professionally finished (above) and the DIY version (left)



I have always been impressed by the classic, rock 'n' roll smokey-eyed look that regularly turns up in the style mags. It seems so easy to achieve, but my few attempts have resulted in the impression that I'd just been down a coal mine. So I decided to seek the expert advice of Laurie, a make-up artist for Estée Lauder,

to see if it really can be achieved successfully at home.

Laurie tells me the key to this look is using at least two colours, preferably three. She effortlessly sweeps a matte black shadow from the edge of my eyelash to the crease of the lid. She then blends a lighter metallic-steel shade up to the eyebrow, and explains that this makes the eyes look less dark and gothy. The third colour, a sparkly dark grey, should be used on the outside corner, coming in slightly along the bottom lid. Laurie then uses thick black eyeliner along the whole of the top lid, and a third of the way along the bottom – outside in – to make the eye look wide and open. Heavy mascara completes the look with long, sooty lashes. It's sensational. But it's only one eye.

Back home, I try to recreate the style on my other eye, with varying success. The hardest part is keeping the darkest colour from spreading in dirty fingerprints all over the rest of my face. It's impossible to get off. Using eyeshadow on the bottom lid is also problematic, and creates the appearance of dark, sleepless circles. In the end I opt for a more subtle style, so as not to overdo the eyeliner and end up with two black eyes. The final result is not as good as Laurie's, but it's hard to tell the difference a foot away from the mirror. My sister comes in and asks if I'm going to a rock concert. Result.

Get the look: Estee Lauder Eyeshadow Quad in Black Smoke, £30, esteelauder.co.uk; ELF Brightening Eye Colour in Drama, £1.50, eyeslipsface.co.uk

WAXING LYRICAL

Carleigh Rayner of boutique waxing salon Strip shares the secrets to a successful wax

Why is waxing better than shaving?

The area will remain smooth and completely hair free for up to a month and hair will weaken over time. After shaving hair will grow back in a matter of days and may be fairly coarse and itchy.

Any tips for making the waxing

experience less painful?

Take a couple of aspirins an hour before you wax, and don't do it when you are on or about to begin your period as your skin is at its most sensitive at this time. Always use hot wax for sensitive areas such as the bikini line and underarms, and it's

always going to be better to let an expert do it than to try waxing yourself. At Strip we use Lycon, a special hot wax that is virtually pain-free. It's a waxing system that uses only the finest resins, natural ingredients and aromatherapy oils – it can remove hair as short as 1mm.

Does hair take longer to grow back after waxing?

After waxing hair will begin to grow back after two to four weeks. It might hurt a bit the first time, but the end results are worth it. No pain, no gain!

stripwaxbar.com